



Best Gut Health Supplement/Best Immune Support Supplement

BioGaia

Healthspan - Triple Action Biotic

Revive Active

Udo's Choice

Best Natural Beauty Product

Aartha Organics Limited

Away with Nature

Forager

Phyto 7 Nourishing Day Cream

Sláinte Sea Moss

Annutri

Healthspan - Super Strength Marine Collagen

Female Financial Wellness Product / Initiative



FLIT Financial Literacy

HerMoney (Ireland)

Master My Balance

Best Supplement for Mental Wellbeing

Naturalife Health / One Nutrition

Annutri

Healthspan - Magnesium Glycinate

Healthspan - Lions Mane

Best Wellness Drink

Blynk Drinks

Kombeara kombucha

Kombucha Na Dálaigh

Community Wellbeing Project of the Year

Aveeno®

Family Cooking Club

Hair Together CLG

Parentline

Fitness Professional of the Year

Harvey
Norman®

Baby Body Fit Galway

Sister Squad

Pepper Hustle

Gym of the Year

Fitness Journey Kilcock

SAINT Studios

The Warehouse Gym Ltd.

Holistic Therapist of the Year

Leah's Holistic Therapies

Skin By Sage Studio

Mindfulness & Wellness, Clinical Hypnotherapy & Psychotherapy

Innovation in Wellness Award

BTL Exomind - A New Era of Wellness

Envious Styling

Ahlya

Healthspan - NAD+

Life Coach of the Year

Pauline Rohdich

The Navigation Coach

KBB Coaching

Mark Fennell Coaching

Mental Health Advocate of the Year

Ardu/Year of Care Campaign

Candidly Cathy Shah

Finding Your Pink / Emma Ledden Communications

Fiona Forman Well-Being

Nutritionist / Dietitian of the Year

UDO'S CHOICE®

The Menopause Nutrition Clinic

AOB Coaching

Outdoor Saunas/Ice Baths

Axe Club

Recovery Plus

SAINT Studios Dublin

Sophie's Sauna at Goughies Coffee

TIGH'N ALLUIS - Irish Sweat House

Wet and Wild Tours

Wild Atlantic Sea Sauna Dooley

Rising Star in Wellness

Ali Hayes Cloud Pilates

Beyond Birth

CalmwithCeara/ DrCearaBelviso Coaching

CulaBaby Sleep & Wellness

Flowering Fertility

mojoandco

The Quest Yoga

Women's Health Network

Sustainable Wellness Brand

Apivita

Hemp Heros

Inish Living

Nunaïa Beauty

Wellness Entrepreneur of the Year

Ella & Jo - Niamh Ryan

Ella & Jo- Charlene Flanagan

Hemp Heros, Blynk drinks and Mussh & Co

Annutri

Pepper Hustle

Wellness Retreat or Spa of the Year

Aqua Sana Forest Spa

Seomra Salainn Wellness Centre

Wellness At The Coach House

Yoga / Pilates Studio of the Year

Anne Sexton Pilates

Macha Yoga

Namaste House Yoga School

Repower Me