

SHORTLIST 2026

Best Energy & Performance Supplement

G&G Wellness

Lidl Ireland / Healthy Fit Creatine Monohydrate

Lidl Ireland / Healthy Fit Energy Gel Green Apple

Best Gut Health Supplement/Best Immune Support Supplement

G&G Wellness

Mussh & Co

Pharma Plus

Best Natural Beauty Product

Aartha Organics LTD

Grown in a Garden T/A Dublin Herbalists

IPERA

Lidl Ireland / Ár Ocean Cleanser & Toner

Lidl Ireland / Ár Ocean Moisturiser

Lidl Ireland / Ár Ocean Replenishing Eye Cream

Oxmantown Skincare

Skinventions Ireland Ltd/Twin Skin

SHORTLIST 2026

Best Wellness Drink

Blynk Drinks

Fat Tomato

Kerry Kefir

Lidl Ireland / Knightsbridge Functional Teas

Lidl Ireland / Naturis Juice Shots Ginger & Turmeric

Living Things

Best Wellness Food Product

BiaSol

Humbl.

Lidl Ireland / Alesto Protein Balls

Community Wellbeing Project of the Year

Agora Suites

AllSkills Education CLG

Beyond Surviving

Embodied Energy Wellness

Forager

SHORTLIST 2026

Fitness Professional of the Year

Fit For Two coaching

Pepper Hustle

Holistic Therapist of the Year

Anú Spa at The Brehon

CulaBaby Sleep and Wellness

Jen Cameron Wellness Centre

Josie's Botanicals

K Therapy Ireland

The Relaxation Hub

Innovation in Wellness Award

Blynk Drinks

Lara Slattery

Natures Alchemy

Secret Warehouse Dublin

SUNiRE Ltd

SHORTLIST 2026

Life Coach of the Year

DEFRÉIN

Elma Carew Coaching & Consulting

Mindstream

The Mind Yourself Coach

Mental Health Advocate of the Year

CulaBaby Sleep and Wellness

Embodied Energy Wellness

The STLL

The Thomas Hayes Trust CLG (Teac Tom)

Outdoor Saunas/Ice Baths

Sauna Snug

The Sauna District

SHORTLIST 2026

Rising Star in Wellness

A Good Moment Company

CulaBaby Sleep and Wellness

Dara Mats

Jen Cameron Wellness Centre

Kylee Vincent - Co-founder of House of Motion Studio

Neatly Home Organisation

No More Booze

Om Wellness

SUNiRE Ltd

Sustainable Wellness Brand

Fat Tomato

Inish Living

IPERA

Josie's Botanicals

MyComfort®

SHORTLIST 2026

Wellness Entrepreneur of the Year

CulaBaby Sleep and Wellness

Dāha Wellness

Harmony Yoga Ireland Ltd T/A

Inish Living & Christina Foley Chartered Physiotherapy

IPERA

Sian Horn BeBelle

Wellness Retreat or Spa of the Year

Daha Wellness

Pure Results By Kathryn Thomas

Seomra Salainn Wellness Centre

Yoga/Pilates Studio of the Year

Dāha Wellness

Elite Pilates

The Yoga Lounge

Youth Wellness Champion

Be Kingdom Kind / Huggabubble

The Thomas Hayes Trust CLG (Teac Tom)